

# ten things to do

Want to do something to help stop global warming?  
Here are 10 simple things you can do and how much carbon dioxide you'll save doing them.

## **Change a light**

Replacing one regular light bulb with a compact fluorescent light bulb will save 150 pounds of carbon dioxide a year.

## **Drive less**

Walk, bike, carpool or take mass transit more often. You'll save one pound of carbon dioxide for every mile you don't drive!

## **Recycle more**

You can save 2,400 pounds of carbon dioxide per year by recycling just half of your household waste.

## **Check your tires**

Keeping your tires inflated properly can improve gas mileage by more than 3%.

Every gallon of gasoline saved keeps 20 pounds of carbon dioxide out of the atmosphere!

## **Use less hot water**

It takes a lot of energy to heat water. Use less hot water by installing a low flow showerhead (350 pounds of CO2 saved per year) and washing your clothes in cold or warm water (500 pounds saved per year).

## **Avoid products with a lot of packaging**

You can save 1,200 pounds of carbon dioxide if you cut down your garbage by 10%.

## **Adjust your thermostat**

Moving your thermostat just 2 degrees in winter and up 2 degrees in summer

You could save about 2,000 pounds of carbon dioxide a year with this simple adjustment.

## **Plant a tree**

A single tree will absorb one ton of carbon dioxide over its lifetime.

## **Turn off electronic devices**

Simply turning off your television, DVD player, stereo, and computer when you're not using them will save you thousands of pounds of carbon dioxide a year.

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